

Brief Overview of getting to Pillars Of Hope and Costa Rica

To arrive in the country, you need a passport. There are many people that speak English in San Jose, but as you travel farther away from the capital, English speakers are harder to find. The U.S. dollar can be used throughout all of Costa Rica, but their currency is “colones” and the exchange rate is roughly 450 colones to each \$1.00. You can rent a vehicle in San Jose and the roads are well marked. You can receive a 90 day Tourist Visa at the airport.

Driving instructions:

As you leave the airport or rental agency, you will follow the road signs to Orotina, Jaco, and/or Puntarenas. After about an hour of windy mountain roads (beautiful views!), you will come to San Mateo and Orotina. Do not go into Orotina. Stay on the highway and follow the signs to Puntarenas and Caldera (Puerto Caldera). As you are headed toward Caldera and the coast, you will turn to the right at the third over pass that says “Ceiba.” From Orotina, this takes about 15 minutes to the turn off. Follow this pot holed road across the train tracks (be careful because there are actually trains that pass by). After the tracks, there will be a church with a chain link fence on the left hand side of the road. Turn left after the church onto a dirt road. Follow the dirt road for approximately 2 miles. Our facility is on the right hand side of the road and has Chain link fence with large pillars and red flowers Turn right into our property on the second entrance it has a lot of wrought Iron work and a small guard house in the center and follow our driveway into our courtyard and our staff will assist you from there. Please notify us 24 Hours prior to your arrival. See you soon!

Helpful Web Sites

http://www.lonelyplanet.com/destinations/central_america/costa_rica/

Lonely Planet- Costa Rica

<http://www.costaricaweb.com/>

Spanish/English info site

Mostly advertisements -company's

And classifieds

Lots of good info in Spanish

<http://www.centralamerica.com/>

<http://www.cool.co.cr/Welcome.html>

Tourism site's

<http://www.wtg-online.com/data/cri/cri.asp>

<http://www.infoplease.com/ipa/A0107430.html>

Info/travel site

<http://travel.discovery.com/dest/lpdb/cenam/cori/intro.html?ct=8119.47368159057>

The Travel Channel

<http://www.tourism-costarica.com/tourism-costaricacom/html/index.html?CFID=616004&CFTOKEN=99753621>

Costa Rica Tourism Board- Lots of good info

<http://www.dollarcostarica.com/>

Dollar Car Rental in Costa Rica

Medical Facilities

Hospitals:

Any foreigner who is temporarily in the country has the right to receive health attention at hospitals and clinics in case of an emergency, sudden illness or a chronic disease. Costa Rica boasts a modern and renown medical health system, under the administration of the Caja Costarricense de Seguro Social (CCSS).

- Hospital San Juan de Dios. . . .222-0166
- Hospital México232-6122
- Hospital Dr. Calderón Guardia. .222-4133
- Hospital Nacional de Niños . . .222-0122

Physicians:

The greater part of the [hotels](#) have contact with a doctor. In Costa Rica there are public and private hospitals and clinics that have 24-hour service, seven days a week.

The following services may be consulted:

- Clínica Católica 225-5055
 - Hospital Clínica Bíblica . 223-6422
 - Clínica Santa Rita 221-6433
 - Centro de Intoxicaciones . 223-1028
- Red Cross. 221-5818.

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CR Tourism BBS

http://www.virtualtourist.com/Central_America/Costa_Rica/?s=@972454771-9857

Online bbs with travelers

Important Phone Numbers

- Emergencies911 (Metropolitan area)
- Fire Department and
Rescue Units.118
- Traffic Police.222-9330/ 222-9245
- Police Department117
- Rural Police Department .127
- Red Cross128

Airports:

- Juan Santamaría International Airport .441-0744
- Limón International Airport758-1379
- Tobías Bolaños International Airport. .232-2820
- Tomás Guardia International
Airport (Liberia, Guanacaste)666-0695